

2008 Joining Above the Bar Track Club

YOU MUST DO EACH OF THE FOLLOWING TO JUMP WITH THE ABOVE THE BAR TRACK CLUB at Our Church Yard Facility in Boulder, Colorado

1. You must join USATF

USATF signup online at <http://www.usatf-co.org>

The "Join USA Track and Field" link is at the bottom left. You can now join USATF for more than one year

Above the Bar Track Club, Inc. is USATF Club Number 32-0130

2. We charge a \$30 insurance fee to jump at the Boulder Valley Christian Church facility and other designated Above the Bar practice sites. **Make your check payable to "Above the Bar Track Club, Inc".**

This fee must be paid to the club before you will be allowed to jump.

3. You need to fill out one or both of the two attached forms.

A Liability release--ALL Must sign!! - If you are under 18, have your parent sign it before you come to practice. Everyone must fill in all of the information, and everyone must sign it, even if your parent has signed it.

B. CHSAA (High School Students only) - required of students to participate in HS Activities outside of school. Have your principal sign it and have the principal keep it on file at the school. Do not bring this to us. This is for the school.

4. We will charge a \$5.00 drop-in fee for each vaulter

each time they come to practice and jump. This money will be used to offset the cost of equipment and to reimburse BVCC for the use of the bathroom facilities (Note: Rule #1 No spikes will be worn in the church at any time!)

We practice at the **Church Yard**—Boulder Valley Christian Church (BVCC) at 7100 South Boulder Road, Boulder, CO 80303 just southeast of Boulder. The pit is located by the playground on the south side of the church. The pit is not visible from the road. BVCC is providing us with pole storage on site. We will have a selection of poles available for your use, but it is best if you bring your own poles to jump with. If you break a borrowed pole, a club pole, or a cross bar, you are responsible to replace it.

Directions to the Church Yard from Denver– Colorado Springs-I-25:

I-25 to Highway 36 (Denver –Boulder Road which exits I-25 at Exit 217 about 3 miles north of I-70.) Follow Highway 36 towards Boulder. Exit on McCaslin Blvd and go north about 1.5 miles to South Boulder Road. Turn left (west) and descend the hill about 1 mile to BVCC which is on the south side of the road under the large power lines. <http://www.bvchristian.org/content.asp?pgID=37>

Questions??

John Carmony jcar75@msn.com

Home Office 303-604-6618

Cell 303-489-3277

Pat Manson patmanson@msn.com

Home Office 303-403-9111

www.PatManson.com Club information and forms are available at Pat's Website

2008 ABOVE THE BAR TRACK CLUB - ASSUMPTION OF RISK, WAIVER, AND RELEASE

In consideration of being allowed to participate in pole vault practice and training on the property of Boulder Valley Christian Church located at 7100 South Boulder Road, Boulder Colorado 80303 ("BVCC property") or other pole vault practice or competition facility used by Above the Bar Track Club, Inc., the undersigned appreciates, acknowledges, and agrees that:

1. The risk of injury from participating in the activities involved in pole vault practice and associated training, including the potential for paralysis, disability, and death, is significant. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, known and unknown, present or future, direct or consequential, and whether physical, psychological, social, economic or otherwise, including all treatment, hospitalization and other care rendered to me in the event of my illness, injury, or emergent circumstances in connection with my participation in pole vault practice and training, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and I assume full responsibility for my participation and all such risks.
2. I agree that I have inspected the pole vault equipment and facilities on the BVCC property or other practice facility and have found them to be satisfactory for my participation in pole vault practice. I willingly agree that if I observe any unusual circumstance or significant hazard during my participation in pole vault practice, I will remove myself from participation and immediately bring the problem to the attention of the nearest coach or supervising adult.
3. I, for myself and on behalf of my heirs, assigns, personal representative and next of kin, HEREBY RELEASE AND HOLD HARMLESS the Above the Bar Track Club, Inc., the Colorado Association of USATF, USA Track and Field, Boulder Valley Christian Church, John Carmony, Pat Manson, Jerry Donley, or any other associated coach, adult volunteer, or high school or track and field organization and their directors, officers, employees, officials, volunteers and agents, other participants, and the legal owners of the BVCC property used for pole vault practice and training or any insurance company that insures the BVCC property or any other associated entity or individual ("Releasees") WITH RESPECT TO ANY AND ALL INJURY, PARALYSIS, DISABILITY, OR DEATH, and all liabilities, losses, damages, claims, and causes of action (including medical expenses and attorney fees) of any nature, incurred, suffered, or associated with my participation in pole vault practice, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES.
4. I certify that I am a current member of USATF. My membership # is _____.
5. I further certify that I am covered by health insurance sufficient to cover the costs of any injuries that I may sustain while participating in pole vault practice. Health Insurer: _____
6. Above the Bar coaches have permission to use digital images of me from practice or meets for club or coaching purposes.

I HAVE READ THIS ASSUMPTION OF RISK, WAIVER and RELEASE AGREEMENT, FULLY UNDERSTAND ITS TERMS AND SIGN IT VOLUNTARILY WITHOUT RISK OF INDUCEMENT.

Participant Signature Participant Printed Name Age/Birthdate Date

Address _____ Ph _____ email _____

School _____ HS/College Grad Year _____ School/Club Coach _____

FOF PARTICIPANT UNDER AGE 18 AT TIME OF PARTICIPATION

I, as parent/guardian with legal responsibility for this participant, consent and agree to his/her assumption of risk, waiver and release s provided above, and for myself, my heirs, assigns and next of kin, release and agree to indemnify the Releasees from any and all liabilities, losses, damages, claims and causes of action (including medical expenses and attorney fees) incident to my minor child's involvement or participation in the activities as provided above, even if arising from the negligence of Releasees. I understand every effort will be made to contact me in the event of an emergency requiring medical attention for my child. However, if I cannot be reached, I authorize John R. Carmony, Pat Manson, or other supervising coach or adult to call an ambulance or transport my child to the nearest medical care facility and secure emergency medical treatment, including hospitalization, injections, anesthesia or surgery. In the event of injury to my child, all medical costs will be paid by me.

Parent/Guardian Signature Parent/Guardian Printed Name Date
Contact Phone Numbers _____

General Rules:

Safety First! Let's vault and have fun, but do it safely.

Participants may only vault when John Carmony, Pat Manson, or other qualified USATF coach is present.

Participants are responsible for replacing any borrowed poles or cross bars that they may break.

Remember: You are a guest on the Boulder Valley Christian Church property. BVCC has been very gracious to allow us to continue our training on their property. We have gone to a great deal of effort and expense to set up this facility and make it available to you. Please behave accordingly and follow all directions and instructions from the coaches.

Colorado High School Activities Association
 14855 East Second Avenue
 Aurora, Colorado 80011
 Phone: (303) 344-5050
 Fax: (303) 367-4101

PERMISSION FOR PRACTICE WITH OUTSIDE GROUPS

The following person(s) _____ has permission to participate in practice/training sessions with _____ during the high school season. It is understood that all eligibility requirements set forth by the Colorado High School Activities Association will be observed.

 Signature of Principal

 Date

CHSAA By-law 2100

OUTSIDE COMPETITION

2100.1 DEFINITION SPORTS SEASON - A sports season begins with the first formal practice session as established in the CHSAA by-laws and ends with the final state championship in that sport.

2100.11 EXCEPTION: The sports season ends for a member of a high school athletic team on the day following the completion of his or her school's competition at the level at which the student competes.

2100.2 Players certified to participate as members of any high school sport may compete on any other team, in any non-school activity or event in that sport during that sports season with the express written permission of the principal, which permission shall be granted if:

- (a) the student's class attendance is not compromised; and
- (b) the student is in good academic standing under the school's activities policy applicable to all students.

2100.21 MEMBER DEFINED -- Member is defined as a student who reports out for formal practice and is actively in contention for a berth on the team; or a student who has been certified to another school as eligible to participate in an interscholastic activity; or a student who has been issued the necessary equipment for game competition. A student ceases to be a member when he/she is cut from the team.

CHSAA By-law 2110

PRACTICE WITH OUTSIDE GROUPS

Members of any high school sport may not practice with any individual or non-school group without prior approval of the high school principal.

CHSAA By-law 2120

VIOLATION OUTSIDE COMPETITION RULE

Any student who does so participate in violation of By-Law 2100.2 shall be ineligible to participate in a specific or all interscholastic athletic activities for a period of time to be determined by the Commissioner.