

## **2016 DON OSSE TIGER INVITATIONAL – REVISED FINAL SCHEDULE**

This confirms your school's participation in the 42nd Don Osse Tiger Invitational, sponsored by Lakewood Senior High School. It will be held on Thursday, April 14<sup>th</sup>, 2016 at Jeffco Stadium, 6<sup>th</sup> & Kipling in Lakewood.

**PLEASE NOTE: WE HAVE HAD TO ADJUST THE SCHEDULE TO ACCOMMODATE MORE RUNNERS THAN ORIGINALLY ANTICIPATED. THE LAST RACE WILL BE AT 7:30 PM. ATTACHED IS A REVISED SCHEDULE.**

**State Qualifying:** This meet is a state pre-qualifying meet and is sanctioned by CHSAA.

**Date:** Thursday, April 14, 2016

**Time:** 3:00 pm

**Site:** Jeffco Stadium (Lakewood, Colorado) corner of 6<sup>th</sup> and Kipling

**Rules:** The National Federation Track and Field rules for 2016 and the 2016 CHSSA Track and Field Bulletin will be the official rules of this meet.

**Entries:**  
-**Full team entries:** TWO Boys and TWO Girls in each event, as well as ALL relays.  
-**Half team entries:** ONE Boy and ONE Girl in each event, as well as ALL relays.  
-We will allow 27 entries in all Sprint and Hurdle races. The 3 heats, on our 9-lane track, will be seeded with the third heat being the fastest according to ability.

**Scoring:** Eight Places will be scored. (10-8-6-5-4-3-2-1)

**Events:** All Track and Field events will be run as FINALS for this day.  
Track events will be run against time.  
Field events will be in flights with FOUR jumps or throws with minimum marks to be announced.

**Awards:** Plaques will be awarded to the first and second place teams in the boys and girls divisions.  
Medals will be awarded to the top three places in each event and ribbons to the other five places.  
First place medals will be awarded in the relays with ribbons awarded to the other seven places.

**Entry Fee:** \$280 for a Full Boys and Girls Team (2 in each event)  
\$140 for a Half Boys and Girls Team (1 in each event)  
\$140 for ONLY Boys or Girls Team (2 in each event)  
\$100 for Quarter Boys and Girls Teams (1 in each distance & field event)

If you have not yet paid, please bring your check to the meet.

**Contact Info:** Kyle Gillette, Co-Head Coach, Lakewood High School Track Team  
School: 303.982.5241; Cell: 303.319.3241; E-mail: [kgillett@jeffco.k12.co.us](mailto:kgillett@jeffco.k12.co.us)

# Don Osse 42nd Lakewood Tiger Invitational – REVISED Schedule of Events

## Field Events

3:00 Boys High Jump  
Girls High Jump  
Girls Long Jump with minimum requirement and Boys to follow  
Boys Triple Jump with minimum requirement and Girls to follow  
Boys Shot Put with minimum requirement and Girls to follow  
Girls Discus with minimum requirement and Boys to follow  
Girls Pole Vault and Boys to follow

## Track Events

Opening Ceremony

3:00	Girls 3200 (1 heat)	5:45	Girls 4x100 Relay (2 heats)
3:15	Boys 3200 (2 heats)	5:55	Boys 4x100 Relay (2 heats)
3:45	Girls Sprint (800) Medley Relay (2 heats)	6:00	Girls 400 (4 heats)
3:50	Girls 4x800 Relay (1 heat)	6:10	Boys 400 (3 heats)
4:00	Boys 4x800 Relay (1 heat)	6:25	Girls 300 Low 30" Hurdles (3 heats)
4:20	Girls 100 High 33" Hurdles (3 heats)	6:40	Boys 300 Intermediate 36" Hurdles (3 heats)
4:30	Boys 110 High 39" Hurdles (3 heats)	6:50	Girls 800 (2 heats)
4:40	Girls 100 (4 heats)	7:00	Boys 800 (2 heats)
4:45	Boys 100 (4 heats)	7:10	Girls 200 (4 heats)
4:55	Girls 4x200 Relay (2 heats)	7:20	Boys 200 (4 heats)
5:05	Boys 4x200 Relay (2 heats)	7:25	Girls 4x400 Relay (2 heats)
5:20	Girls 1600 (2 heats)	7:30	Boys 4x400 Relay (2 heats)
5:35	Boys 1600 (2 heats)		Awards