

# Robert F. Caviness Invitational Track and Field Meet

Please note this is a running schedule of events no exact times are noted

## Meet Start Time is 9:00am

- Event** → Women's 800 Sprint Medley
- Event** → Women's 4x800 Meter Relay
- Event** → Men's 4x800 Meter Relay
- Event** → Women's 100 Meter Hurdles
- Event** → Men's 110 Meter Hurdles
- Event** → Women's 100 Meter Dash
- Event** → Men's 100 Meter Dash
- Event** → Women's 4x200 Meter Relay
- Event** → Men's 4x200 Meter Relay
- Event** → Women's 1600 Meter Run
- Event** → Men's 1600 Meter Run
- Event** → Women's 4x100 Meter Relay
- Event** → Men's 4x100 Meter Relay
- Event** → Women's 400 Meter Dash
- Event** → Men's 400 Meter Dash
- Event** → Women's 300 Meter Hurdles
- Event** → Men's 300 Meter Hurdles
- Event** → Women's 800 Meter Run
- Event** → Men's 800 Meter Run
- Event** → Women's 200 Meter Dash
- Event** → Men's 200 Meter Dash
- Break...** → **Scholarship Presentation**
- Event** → Women's 3200 Meter Run
- Event** → Men's 3200 Meter Run
- Event** → Women's 4x400 Meter Relay
- Event** → Men's 4x400 Meter Relay

## Coach Caviness

Coach Caviness has been a fixture in the Aurora and Colorado State track and cross-country scene since 1955. He started the Aurora relays in 1957 after the University of Denver cancelled their relays at the beginning of the track season. The first Aurora Relays invited fourteen schools. In 1960, 50 teams and 1,200 athletes made the Aurora Relays the "LARGEST SINGLE DAY HIGH SCHOOL TRACK MEET IN THE COUNTRY" – (Rocky Mountain News.)

After 43 years of teaching and coaching with numerous titles and awards Coach Caviness retired in 1992 and the Aurora Relays were renamed the Robert F. Caviness Invitational. The schools in APS are very proud to continue this strong tradition and to host this legendary track and field meet in honor of Coach Caviness.

## APS Athletics

## Field Events

8:30am → Weigh-Ins and implement check (shot put, discus, pole vault)

### Morning – 9:00am

Girls' Long Jump  
Girls' Discus  
Boys' Triple Jump  
Boys' Shot Put  
Boys' High Jump  
Girls' Pole Vault

### Afternoon 11:30am

Boys' Long Jump  
Boys' Discus  
Girls' Triple Jump  
Girls' Shot Put  
Girls' High Jump  
Boys' Pole Vault