

Dakota Ridge Invite Schedule 2022

- **7:00am** Pole Vault Check/ Shot Discus Implement Weigh In
- **7:20am** Coaches Meeting at Start Line
- **7:40am** 3200m Girls Finals Fast Heat inside, Slow Heat Outside Lanes
- **8:00am** 3200m Boys Fast Heat inside, Slow Heat Outside Lanes
- Girls 800 M Medley (Finals Heats v Time)
- Girls 4 x 800 M Relay (Finals 2 Heats)
- Boys 4 x 800 M Relay (Finals 2 Heats)
- Girls 100 M High Hurdles (Finals-Heats v Time)
- Boys 110 M High Hurdles (Finals-Heats v Time)
- Girls 100 M Dash (Finals-Heats v Time)
- Boys 100 M Dash (Finals-Heats v Time)
- Girls 4 x 200 M Relay (Finals-Heats v Time)
- Boys 4 x 200 M Relay (Finals-Heats v Time)
- Girls 1600 M Run (Finals-Heats v Time)
- Boys 1600 M Run (Finals-Heats v Time)
- Girls 4 x 100 M Relay (Finals-Heats v Time)
- Boys 4 x 100 M Relay (Finals-Heats v Time)
- Girls 400 M Run (Finals-Heats v Time)
- Boys 400 M Run (Finals-Heats v Time)
- Girls 300 M LH (Finals-Heats v Time)
- Boys 300 M HH (Finals-Heats v Time)
- Girls 800 M Run (Finals-Heats v Time)
- Boys 800 M Run (Finals-Heats v Time)
- Girls 200 M Dash (Finals-Heats v Time)
- Boys 200 M Dash (Finals-Heats v Time)
- Girls JV EAGLES 1600m
- Boys JV EAGLE 1600m
- 4 x 400 M Relay (Finals-Heats v Time)
- 4 x 400 M Relay (Finals-Heats v Time)

8:00 AM Field Events Session 1

Girls Pole Vault, Girls Triple Jump, Girls High Jump (North Pit),

Boys Long Jump, Girls Shot Put, Boys Discus.

Following Completion of Session 1....Listen for Calls

Boys Pole Vault, Boys Triple Jump, Girls Long Jump, Boys Shot Put,

Girls Discus, Boys High Jump (North Pit)

