Thornton High School Track and Field
JV Track Meet
Westminster, Thornton, Northglenn, Adam City and Brighton
Wednesday, April 2nd

3:30 Running Events Start:

800m Medley Relay (Girls)
3200m Relay (Boys and Girls)
100m High Hurdles (Girls)
110m High Hurdles (Boys)
100m Dash (Girls)
100m Dash (Boys)
800m Relay (Girls)
800m Relay (Boys)
1600m Run (Girls and Boys)
400m Relay (Girls)

400m Relay (Boys)
400m Dash (Girls)
400m Dash (Boys)
300m Low Hurdles (Girls)
300m I.M. Hurdles (Boys)
800m Run (Girls)
800m Run (Boys)
200m Dash (Girls)
200m Dash (Boys)
3200m Run (Girls and Boys)
1600m Relay (Girls)
1600m Relay (Boys)

3:30 Field Events

Girls Shot Put
Boys Discus
Girls Pole Vault—No Pole Vault
Girls High Jump
Boys Long Jump (north end of track)
Girls Triple Jump (north east corner)

Immediately following:

Boys Shot Put
Girls Discus
Boys Pole Vault—No Pole Vault
Girls Long Jump (north end of track)
Boys Triple Jump (north east corner)
Boys High Jump

Notes:

- When there is more than one heat, the first heat will be the fast heat.
- We will run the boys and girls together in the 3200m relay, 1600m run, and the 3200m run. If it is safe to do so.
- **Please have all of your runners and the anchor of your relays wear a sticker with name, school, and the event on it. *********************
- Please have field event athletes sign in at the event. LJ, TJ, SP and Discus will be open pit format. 3:30-4:30 first session and 4:30 to 5:30 second session.
- To help make the meet run smoother and efficient please help out with moving hurdles to the appropriate markings.
- We will have results ready at the end of the meet.
- If you have any questions please give me a call:
- Dave Hammerschmidt
- Cell 303-895-4935

Field Event Responsibilities

I know we are all short staffed at JV meets, I will have our Varsity athletes help run field events, Thornton is on spring break so we will need the following schools to help run the events.

Long Jump—Brighton
Triple Jump—Thornton
High Jump—Westy
Shot put—Thornton
Discus—Northglenn
Pole Vault—No Pole Vault
Timing—Thornton
Scoring—Thornton
Announcing—Thornton
Starter—Thornton
Exchange Zone Judges—Everybody—Grab a flag