EMAC FREASH / SOPH JV Championships

North Stadium

12500 Delaware Drive

Westminster, CO

Coaches Meeting: 2:45 PM

Running Events: 3:30 PM

Field Events: 3:00 PM

Order of Events

Field Events

Girls / Boys / Unified Shot Put

Boys / Girls Discus

Boys / Girls/ Unified Long Jump

Girls / Boys Triple Jump

Girls / Boys High Jump

Boys / Girls Pole Vault

Running Events (Girls followed by Boys)

800 meter Medley Relay

(100, 100, 200, 400) GIRLS ONLY

4x800 meter Relay

100 meter Hurdles

110 meter Hurdles

100 meter Dash

100 meter Dash Unified

4x200 meter Relay

1600 meter Run

4x100 meter Relay

400 meter Dash

300 meter Hurdles

800 meter Run

200 meter Dash

3200 meter Run

4x400 meter Relay