EMAC JV Championship

June 2, 2021

APS Stadium

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| **Running Events—Girls followed by Boys****(Rolling schedule starting at 2:00)**800m Medley Relay (Girls) 3200m Relay 100m Hurdles 110m Hurdles 100m Dash 4x200m Relay 1600m Run 4x100m Relay 400m Dash 300m Hurdles 800m Run 200m Dash 3200m Run 4x400m Relay  | **Field Events** (field events will have 4 attempts)**1:30PM:** Shot Put (boys, girls)Discus (girls, boys)Long Jump (boys, girls)Triple Jump (boys, girls)High Jump (girls, boys)Pole Vault (girls, boys) |

**Coaches**

* **Coaches Meeting –** 1:00 at the starting line
* Athletes will need to get pick up hip numbers prior to meeting with the clerk of the course
* Entries are due by noon on Tuesday, June 1
* Up to 5 entries in 100, 200 and throws
* No entries in JV championships for varsity athletes that will be competing in those same events for league championships—including the relays.

**Event Responsibilities**

Make sure you have enough help to run the field events assigned to your school, including those to help rake and retrieve implements.

**Other Information**

* COVID 19 Safety Protocols: We will follow APS policy when it comes to Covid 19 safety. That means that everyone needs to wear a mask unless they are vaccinated except when competing. Anyone who is fully vaccinated does not need to wear a mask. However, masks are required if you go into the building to the bathroom.

* Bathrooms: Should be unlocked for this meet.
* Spectators: There will be no charge for spectators, please follow COVID 19 protocols.