

EMAC JV Championship  
June 2, 2021  
APS Stadium

**Running Events—Girls followed by Boys**

**(Rolling schedule starting at 2:00)**

800m Medley Relay (Girls)  
3200m Relay  
100m Hurdles  
110m Hurdles  
100m Dash  
4x200m Relay  
1600m Run  
4x100m Relay  
400m Dash  
300m Hurdles  
800m Run  
200m Dash  
3200m Run  
4x400m Relay

**Field Events**

(field events will have 4 attempts)

**1:30PM:**

Shot Put (boys, girls)  
Discus (girls, boys)  
Long Jump (boys, girls)  
Triple Jump (boys, girls)  
High Jump (girls, boys)  
Pole Vault (girls, boys)

**Coaches**

- **Coaches Meeting** – 1:00 at the starting line
- Athletes will need to get pick up hip numbers prior to meeting with the clerk of the course
- Entries are due by noon on Tuesday, June 1
- Up to 5 entries in 100, 200 and throws
- No entries in JV championships for varsity athletes that will be competing in those same events for league championships—including the relays.

**Event Responsibilities**

Make sure you have enough help to run the field events assigned to your school, including those to help rake and retrieve implements.

**Other Information**

- **COVID 19 Safety Protocols:** We will follow APS policy when it comes to Covid 19 safety. That means that everyone needs to wear a mask unless they are vaccinated except when competing. Anyone who is fully vaccinated does not need to wear a mask. However, masks are required if you go into the building to the bathroom.
- **Bathrooms:** Should be unlocked for this meet.
- **Spectators:** There will be no charge for spectators, please follow COVID 19 protocols.