KAS

## **Field Events**

2:00 p.m.

Girls

Boys

High Jump

Shot Put

Long Jump Discus Triple Jump Pole Vault

Girls

**Boys** 

Shot Put

High Jump

Triple Jump

Long Jump

Pole Vault

**Discus** 

## **Track Events**

**PAY ATTENTION TO THE CALL FOR EVENTS!** We will roll through all events as quickly and efficiently as possible.

2:30 p.m.

800m medley relay (G)

3200m relay (G & B)

100m high hurdles (G)

110m high hurdles (B)

100m dash (G & B)

800m relay (G & B)

 $1600m\ run\ (G\ \&\ B)$  — (team's 4 top times will be added together for the 6400m relay result)

400m relay (G & B)

\*400m Weight-Man's Co-ed relay

400m dash (G & B)

300m low hurdles (G)

300m intermediate hurdles (B)

800m run (G & B)

200m dash (G & B)

3200m run (G & B)

1600m relay (G & B)