GATEWAY QUAD PARTICIPANTS 4/13

Girls

Emily Bell

Shot/Disc/1 distance event of choice

Emily Biner

Shot/400/4x400/Weightwomen 4x1?

Sydney Bowman

Shot/Disc/4x400/Weightwomen 4x1?

Sara Duskin

Shot/Disc/Weightwomen 4x1?

Kaitlynn Goldermann

Shot/Disc/HJ/Weightmwomen 4x1?

Charlotte Mitchell

1600/800

Daisy Rodriguez

4x200/800/4x400

Azia Saenz

(if off injury list—100m + jumps)

Arianne Shipp

1600,800

Tori Stevenson

4x200/200/LJ/4x400

Becky Swink

4x200/300H/4x400/Shot

Jace Whelan

100/4x200/LJ