

# 12<sup>th</sup> Annual Longmont/Lyons (& Monarch) Invitational Track Meet

Centaurus High School, Lafayette, CO  
Saturday, May 15<sup>th</sup>, 2021 – Ranking Meet

**The meet is moving to Centaurus High School. Please update your schedules!**

**Meet Format:** Here is the information for our meet co-hosted by Lyons and Longmont. Schools may have 4 individual entries in track events, 3 in field events, and 1 relay. **We will limit the field events to, at most, the top 48 competitors in each event who meet the minimums we set. Tentative minimums for entry (and measurement) are on the time schedule, and we will have 3 attempts with top 9 to finals in the throws and horizontal jumps. All submissions must be verifiable on MileSplit and MaxPreps.** We will seed all competitors and relays and run finals against time.

Please send any questions to **Mark Roberts @ [roberts\\_mark@svvsd.org](mailto:roberts_mark@svvsd.org)**

Or you may call:

Mark Roberts: Home - 303-443-0553

School - 303-823-6631 (x45654)

## Entry/Fee Information:

**The cost for this year's meet will be \$300 per school. If you have only one gender. If you have a few athletes competing in individual events, the cost is \$15 per entry.** (If you're a small school with less than 20 entries, email me, and we'll work out a price.) **Please make checks payable to Lyons High School and send to the attention of Lori Herman, Ath. Sec. The school address is: 100 McConnell Drive, Lyons, CO 80540.** We will be using *Colorado Mile Split* to collect entries. You will have until 7 pm on Thursday, May 13<sup>th</sup> to complete your entries. **Scratches only on Saturday, there will be no substitutions the day of the meet.**

**Cost for Spectators:** We will charge at the gate - \$5 for Adults/\$2 for Students

**Awards:** There will be no awards for the meet.

**Time Schedule:** see separate document

**Minimum Distances for Entry/Measurement and Progressions for Field Events:** This meet is happening earlier in the season than usual, so we will make appropriate adjustments as needed. Suggested marks are on the time schedule. We will check the official rankings the week before and may adjust our progressions to give your athletes an opportunity to break ties. Our minimums for entry and measurement are tentative, and we reserve the right to make changes after we see the entries, but these should be very close to what we'll use. **This is a varsity-level meet, and the minimums for the field events reflect that expectation.** We hope that adding 4 athletes in the running events will provide opportunities for some of your younger athletes to experience a varsity meet. Please also note the cut-off times in the 800, 1600, and 3200.

## Seeding and Scratches:

There will be a coaches' meeting at 8:15 am at the finish line. No adds or substitutions will be allowed (this includes field events). All events are finals against time. All submissions should be verifiable on MaxPreps. MileSplit is set to take this season's best marks and times, but it will allow coach override. Please use this power cautiously. Athletes with marks from this season will receive first priority in the top heat/flight of each event.

**Implement Weigh-In and Weight Check:** Vault poles, and vaulter weigh-in will take place at the vault just off the southeast corner of the track, and shot and discus weigh-ins will be at the Pumphouse off the southwest end of the track starting at 8:30. **We would like all implements to be weighed at this time.**

**Rules and Regulations:** The rules governing the meet are those of the Colorado High School Activities Association and the National Federation rules.

## Infield/Competition and Team Camp Area Expectations:

Competitors should report to the clerk at the staging area on the first call. We will check spikes. Maximum length allowed is 3/16". We will have spikes for sale at the check-in tent. Coaches, managers, and non-competitors will be expected to remain in the stands or outside the infield during competition. Athlete warmup will take place on the practice soccer field south of the track and jumps area. A coaching box will be provided for the pole vault and high jump. Coaches will be allowed to video at the field events from the coaching box.

## Longmont/Lyons Invitational Entry Form - 2021

School \_\_\_\_\_ Phone \_\_\_\_\_

Boys' Coach \_\_\_\_\_ E- Mail \_\_\_\_\_

Girls' Coach \_\_\_\_\_ E- Mail \_\_\_\_\_

Please complete the categories which apply.

Full Team \_\_\_\_\_ Boys Only \_\_\_\_\_ Girls Only \_\_\_\_\_

**Please scan and email to:** Mark Roberts - [roberts\\_mark@svvsd.org](mailto:roberts_mark@svvsd.org)

Or send to Mark Roberts:  
Lyons High School  
100 McConnell Dr  
Lyons, CO 80540