# Schedule of Events Norsemen Invitational

### **Track Events**

#### 3:00

Girls Sprint Medley

Girls 4 x 800 Relay

Boys 4 x 800 Relay

Girls 100 M Hurdles

Boys 110 M Hurdles

Girls 100 M Dash

Boys 100 M Dash

Girls 4 x 200 Relay

Boys 4 x 200 Relay

Girls 1600 M Run

Boys 1600 M Run

Girls 4 x 100 Relay

Boys 4 x 100 Relay

Girls 400 M Dash

Boys 400 M Dash

Girls 300 M Hurdles

Boys 300 M Hurdles

Girls 800 M Run

Boys 800 M Run

Girls 200 M Dash

Boys 200 M Dash

Girls 3200 M Run

Boys 3200 M Run

Girls 4 x 400 Relay

Boys 4 x 400 Relay

#### **Field Events**

## Starting at 3:00 PM:

Girls Long Jump (North pit)

Boys Triple Jump (South pit)

Girls High Jump (South end)

Boys Pole Vault (North end)

Girls Shot Put

**Boys Discus** 

Beginning Immediately

Following:

Girls Triple Jump (South pit)

Boys Long Jump (North pit)

Boys High Jump

Girls Pole Vault

Boys Shot Put

Girls Discus