

ORDER OF EVENTS

Coaches Meeting 1 Hour Before meet start @ Start/Finish line

Rolling Schedule

(All Girl's Heats Followed by Boy's Heats)

Girls Sprint Medley Relay

4x800m Relay

100m Hurdles

110m Hurdles

100m Dash

4x200m Relay

1600m Run

4x100m Relay

400m Dash

300m Hurdles

800m Run

200m Dash

3200m Run 4x400m Relay

Field Event Schedule

Weigh-ins one hour before meet start

All field events will be open pit. Four attempts, no finals.

Discus-

Triple Jump-

Long Jump-

Pole Vault-